eat all day brunch

LOCAL
SEASONAL
MADE WITH CARE

a little indulgence

CANADIAN BUTTERMILK PIKELETS V 23
pikelet stack (3) | wild berry coulis | fresh banana | maple syrup | vanilla icecream | walnut cinnamon crunch



FRUIT TOAST VGN 14
2 slices Lieveto orange fennel fruit loaf | yarra valley mixed berry jam

ELEMENTS HOUSEMADE MUESLI VGN GFI 18
nuts | seeds | popped quinoa | coconut yoghurt | summer fruits | mango puree

TROPICAL CHIA PUDDING VGN GFI 22
coconut overnight chia seeds | fresh mango cheeks | hawkes farm strawberries | toasted coconut | pomegranate seeds | almond tuille



daily specials

OMELETTE PROTEIN SPECIAL FROM 23
chefs choice | see counter display screens | free range Somerville farm eggs |

BRUSCHETTA OF THE WEEK FROM 23
chefs choice | see counter display screens

BOWLED - CHEFS DAILY SALAD FROM 23
chefs choice | see counter display screens

GRAB & GO
check out the display cabinet for breakfast or lunch on the go - prepared daily



for the kids

- homemade sausage roll & homemade tomato sauce 8
- ham & cheese toastie on sourdough 11
- tasty cheese toastie on sourdough 11
- fresh sandwich or wrap from the display 11
- margherita pizza (veg) 9
- nacho box (veg) 14
- roasted potato bites & homemade tomato sauce 8

Healthiest Choices | Sometimes | Limit

Guidelines from Nutrition Australia
that ensure we are offering & promoting healthier choices in food & beverages to our customers, for you to make your own positive decision.

brunch all day

MALAY BREAKFAST RICE GFI DFI 26
fried rice | shrimp | bacon | greens | fried egg | shallots | garlic sweet spicy sauce

TURKISH EGGS V 24
chic pea hummus | pickled beets | garlic yoghurt | 2 poached eggs | dukkha | grilled turkish bread

CHILLI SCRAMBLE 25
scrambled eggs | sauteed bacon | cherry toms | crispy shallots | chilli oil | spring onions, | fresh herbs | warm roti bread



ELEMENTS EGGS BENNY 25
pulled ham hock| fresh spinach | hollandaise| 2 free range poached eggs | grilled ciabatta | spring onions

E & B BREKKY ROLL 18
fried egg | grilled bacon | fresh spinach | tomato | relish

EGGS ON TOAST V 16
free range Somerville farm eggs | sourdough toast
*poached | fried | scrambled
Gluten Free toast + $2



add ons

5 each | wilted spinach | grilled tomato | fetta | halloumi grilled |

6.5 each | bacon grilled | spanish spiced chorizo |

8 each | hot smoked salmon | sautéed mushrooms | roasted hawkes potato bites w sauce

REUBEN ROSTI V GFI 25
shredded corned beef | crispy potato rosti | fresh slaw | horseradish cream | swiss cheese | dill pickles

ZUCCHINI PEA RICOTTA FRITTERS V 23
grilled fritters (3) | smashed egg | goats cheese whip | dill oil | avocado mint salsa
add bacon 6.5



MUSHROOM OPEN TART V 25
sauteed mushrooms | leeks | puff tart pastry | sage | feta | truffle oil

PATATAS BRAVAS GFI V 25
spanish style fried potatoes | red pepper romesco | garlic aioli | fried eggs | shallot
add chorizo 6.5



10% SERVICE SURCHARGE APPLIES ON WEEKENDS & PUBLIC HOLIDAYS

LOCALLY SOURCED
We support local growers & producers.

MADE WITH CARE
Real ingredients, made fresh in our kitchen daily

GOOD PEOPLE
Thanks for supporting our small team

LET'S BE SOCIAL
@elementseatery
#elementseatery

drink

Find us in the Best Bites Food Guide



tea & herbal teas 5

- traditional english breakfast
- elegant earl grey
- pure peppermint
- pure green china sencha
- ginger, lemongrass and scorched green
- chamomile infusion
- the ultimate berry infusion!



hot things

BONEO ROAD ROASTERS

- coffee shots from- 3
- coffees with milk from - 5.2
- large coffees with milk from - 6.2
- hot chocolate, chai, matcha or turmeric from - 5.2 (vegan + df)
- kids warm /cold choc - 5.2
- babycino- choc + marshmallow - 2.5
- iced latte from - 5.2

- ++++alternate milks extra -1
  oat, soy, lactose free or almond

super kick smoothies 12

Amazonian Acai- Banana, Blueberry, Raspberry
Bahama - Mango, Passionfruit, Pineapple, Banana
Evergreen - Kiwi, Kale, Mango, Pineapple
Strawberry Kiss -Strawberry, Banana,Dragonfruit, Dates
Power Protein-Banana, Oats, Coconut, Dates,
Pea Protein (not 100% GFI)

add scoop Protein Powder 4

iced grande 16oz -7

coffee | chocolate | chai (GFI & V)
+plus ice cream - 3 +plus alt milk - 1
+plus extra shot coffee -choc- chai - 1



DISCLAIMER; Please notify our team of any food allergies or intolerance, as we take great care in our kitchen with food service.
Your health and safety is very important to us.
WE HAVE THE RIGHT OF REFUSAL IF WE FEEL THAT WE CANNOT GUARANTEE ADEQUATE SAFETY WITH ALLERGENS.

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