



eat all day brunch

LOCAL SEASONAL
MADE WITH CARE

☺ morning favourites

CHILLI SCRAMBLE 25
scrambled eggs | sauteed bacon
| cherry toms | crispy shallots
| chilli oil | spring onions,
| fresh herbs | warm roti bread

NY OPEN SALMON BAGEL 26
creamy scramble fennel eggs |
hot smoked salmon | crisp greens
| housemade toasted bagel
| caper crunch creme fraiche

ELEMENTS EGGS BENNY 24
housemade hawkes smashed
potato cakes | pulled ham hock
| fresh spinach | hollandaise
| 2 freerange poached eggs
| spring onions

E & B BREKKY ROLL 18
fried egg | grilled bacon
| fresh spinach | tomato | relish

EGGS ON TOAST V 16
free range Somerville farm eggs
| sourdough
*poached | fried | scrambled
*Gluten Free toast + \$2

early bird deal

E & B BITE with lrg coffee 9
**M - F 6-9am **



☺ a little indulgence

BAKED OAT BOWL VGN 18
apple cinnamon warm baked oats | oat milk
| raisin | topped rhubarb

FRENCH TOAST V 22
egg custard dipped brioche | ginger crunch
| whipped marscapone | pear compote

ELEMENTS GRANOLA VGN GFI 18
nuts | seeds | popped quinoa | coconut yogurt
| vanilla poached fig | almond coconut crumble

FRUIT TOAST VGN 14
2 slices Lieveto orange fennel fruit loaf
| yarra valley mixed berry jam

SWEET WAFFLE WEDGES V 22
house pressed vanilla waffles (3) | vanilla icecream
| fresh apple | cinnamon crunch crumble | maple honey



☺ brunch all day



SATAY NOODLE BOWL GFI 27
wok tossed rice noodles | chicken |
julienne veg | fried egg bean shoots |
| crispy shallots | spiced peanut sauce
| VGN substitute Fried Tofu

SHAKSHUKA V GFI 24
spiced tomato | chick peas | capsicum | yoghurt |
flatbread | 2 freerange poached eggs

K POP - Korean pancake V GFI 23
grilled savoury pancake (1) | carrot, zucchini, leek,
green chili, sweet potato, shitake | kim chi |
free range fried eggs | chili sesame dressing

SPANISH RICE (PAELLA) GFI 26
spiced chorizo sausage | green olives |
capsicum | peas | smoked almonds |
fried egg | jalapeno saffron aioli



ALL ABOUT MUSHROOMS V 25
roasted field mushroom | crispy kale |
| free range poached eggs | crumbled feta
truffled mushroom sage ragout | turkish bread

☺ kids brunch 12

- poached or fried egg on toast & juice box
- ham cheese toastie & juice box
- sausage roll sauce & juice box
- roast potato bites sauce & juice box

Healthiest Choices

Sometimes

Limit

Guidelines from Nutrition Australia that ensure we are offering & promoting healthier choices in food & beverages to our customers, for you to make your own positive decision.

☺ add ons

5 each | wilted spinach | roasted tomato | fetta | halloumi grilled |

6.5 each | smashed avocado | bacon |

8 each | roast potatoes bites | smoked baked salmon |
| sautéed mushrooms | poached chicken | grilled chorizo

☺ daily specials

♥ **HOMEMADE SOUP** MUG 9 BOWL 16
see specials board for todays flavour | toasted bread side

♥ **EGG PROTEIN CHEFS SPECIAL** FROM 23
chefs egg based special | see counter display screens |
free range Somerville farm eggs |

♥ **BRUSCHETTA OF THE WEEK** FROM 23
chefs special | see counter display screens for this weeks meal

♥ **FRESH SALAD BOWL** sml 6 lrg 12
chefs special | see fridge counter display for todays salad



10% SURCHARGE APPLIES ON WEEKENDS & PUBLIC HOLIDAYS



LOCALLY SOURCED
We support local growers
& producers.



MADE WITH CARE
Real ingredients, made fresh
in our kitchen daily



GOOD PEOPLE
Thanks for supporting
our small team



LET'S BE SOCIAL
@elementseatery
#elementseatery

drink



Find us in the
Best Bites Food Guide

☺ Tea & herbal teas 5

- traditional english breakfast
- elegant earl grey
- pure peppermint
- pure green china sencha
- ginger, lemongrass and scorched green
- chamomile infusion
- the ultimate berry infusion!

**BYO keep cup
for .20c discount



☺ hot things

BONEO ROAD
ROASTERS

- coffee shots from \$3
- coffees with milk from \$5
- large coffees with milk from \$6
- hot chocolate, chai, matcha or turmeric from \$5 (vegan + df)
- kids warm /cold choc \$5
- babycino-choc + marshmallow \$2.5
- iced latte from \$5
- +++alternate milks extra \$1
oat, soy, lactose free or almond



☺ super pick smoothies 12

Amazonian Acai- Banana, Blueberry, Raspberry

Bahama - Mango, Passionfruit, Pineapple, Banana

Evergreen - Kiwi, Kale, Mango, Pineapple

Strawberry Kiss - Strawberry, Banana, Dragonfruit, Dates

Power Protein-Banana, Oats, Coconut, Dates,

Pea Protein (not 100% GFI)

add scoop Protein Powder 4

☺ cold things

E & T smoothie & pressed juices 6.5

ETCH sparkling beverage range 5.5

water bottles from 4

sparkling water cans 4.5

no sugar soft drinks from 3.5

big m 300ml
(chocolate or strawberry) 4.5

see our grab & go fridge
for additional
bottled drink selections



☺ iced grande 16oz -7

coffee | chocolate | chai (GFI & V)
+plus ice cream \$2 +plus alt milk \$1
+plus extra shot coffee -choc- chai \$1

DISCLAIMER; Please notify our team of any food allergies or intolerance, as we take great care in our kitchen with food service.

Your health and safety is very important to us.

WE HAVE THE RIGHT OF REFUSAL IF WE FEEL THAT WE CANNOT GUARANTEE ADEQUATE SAFETY WITH ALLERGENS.

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